





SAILING INSTRUCTIONS

Organizing Authority (OA): Lithuanian 470/420 National Class Association in co-operation with the International 470 and 420 Class Associations.

1. RULES

- **1.1.** The regatta will be governed by the Rules as defined in The Racing Rules of Sailing (RRS).
- **1.2.** No National Authority prescription will apply.
- **1.3.** No Class Rule variations will apply.
- **1.4.** In all rules governing this championship:
 - a. Breaches of rules in the sailing instructions (SIs) marked [NP] shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - b. For breaches of rules in the SIs marked [SP] a standard penalty may be applied by the Race Committee without a hearing, or a discretionary penalty (DP) applied by the International Jury with a hearing. This changes RRS 63.1 and A5.
- **1.5.** If there is a conflict between languages the English text shall take precedence.
- **1.6.** If there is a conflict between the Notice of Race (NoR) and these SIs, the SIs will take precedence. This changes RRS 63.7.

2. [SP] CODE OF CONDUCT

- **2.1.** Competitors shall comply with any reasonable requests from a regatta official.
- **2.2.** Competitors shall handle any boats or equipment provided by the Organising Authority with proper care and seamanship, and in compliance with any written instructions.

3. COMMUNICATIONS WITH COMPETITORS

- **3.1.** Notices to competitors will be posted on the official notice board located in the social area tent.
- **3.2.** Signals made ashore will be displayed on the signal mast near the social area tent.
- **3.3.** When flag Y is displayed ashore, RRS 40 applies at all times while afloat. This changes RRS Part 4 Preamble.

4. CHANGES TO SAILING INSTRUCTIONS

- **4.1.** Any change to the SIs will be posted before 10:00 on the day it will take effect, except that any change to the schedule of the first races of a day will be posted by 20:00 on the day before it will take effect.
- **4.2.** Any re-assignment of course areas can be done 30 minutes before flag D is displayed ashore or 30 minutes before flag AP is removed ashore.

5. SCHEDULE

5.1. Schedule of races:







Day 1 - 19-09-2019	Registration Teams briefing / Opening ceremony Races 1 st Warning signal	09:00-12:00 12:00 14:00
Day 2 - 20-09-2019	Races	TBA
Day 3 - 21-09-2019	Races	TBA
Day 4 - 22-09-2019	Races Prize giving / Closing Ceremony	TBA TBA

- **5.2.** No more than three races can be sailed each day.
- **5.3.** Races not sailed on the scheduled day may be sailed on a following day at the discretion of the Race Committee.
- **5.4.** The warning signal for each succeeding race will be made as soon as practicable.

6. FLEET FLAGS

Fleet flags for single series will be:

470	White flag with blue 470 insignia
420	420 class flag

7. RACING AREA

Attachment A shows the location of the available racing areas.

8. THE COURSES

- **8.1.** The diagrams in Attachment B show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- **8.2.** No later than the warning signal, the Race Committee signal boat will display the course designation and the approximate compass bearing of the first leg.
- **8.3.** Courses will not be shortened. This changes RRS 32.

9. MARKS

- **9.1.** Mark 1 will be orange cylindrical buoy, mark 2 will be orange triangular buoy. Gates 3 (3s/3p) and 4 (4s/4p) will be red buoys.
- **9.2.** The starting marks will be Race Committee boats.
- **9.3.** The finishing marks will be a Race Committee boat at the port end and a buoy with a blue flag at the starboard end except from the LG course where the Race Committee boat will be at the starboard end and the buoy with a blue flag at the port end.
- **9.4.** A Race Committee boat signaling a change of course is a mark as provided in SI 13.2.

10. THE START

- **10.1.** The starting line will be between staffs displaying orange flags on the starting marks.
- **10.2.** [SP] [NP] Boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as 100 meters from the starting line and it's extensions in both directions.
- **10.3.** A boat starting later than 4 minutes after her starting signal will be scored DNS. This changes RRS A4 and A5.

11. CHANGE OF NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the Race Committee will







- (a) lay a new mark,
- (b) move the finish line, or
- (c) move the leeward gate.

When a new mark is laid the original mark will be removed as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11.2. Except at a gate, boats shall pass between the Race Committee boat signaling the change of course and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.1

12. THE FINISH

The finishing line will be between blue flags on the finishing marks.

13. PENALTY SYSTEM

- **13.1.** RRS Appendix P, Special Procedures for RRS 42, will apply.
- **13.2.** RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

14. TIME LIMITS AND TARGET TIMES

14.1. Time limits and target times for the first boat are as follows (in minutes):

	Time	Mark 1	Finish	Race Target
	Limit	Time Limit	Window	Time
Fleet race	75	20	10	45-50

- **14.2.** If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned.
- **14.3.** Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish (DNF). This changes RRS 35, RRS A4 and RRS A5.
- **14.4.** Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

15. PROTESTS

- **15.1.** Protest forms are available from the protest information desk located at the race office. Protests and request of redress or reopening shall be delivered there within the appropriate time limit.
- **15.2.** For each fleet, the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- **15.3.** Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the end of the protest time.
- **15.4.** Notices of protests by the Race Committee or International Jury will be posted to inform boats under RRS 61.1(b).
- 15.5. A list of boats that have been penalised under Appendix P for breaking RRS 42 will be posted.
- **15.6.** For the purpose of RRS 64.3(b) the 'authority responsible' is the 470 Class Chief measurer.
- **15.7.** Breaches of rules in the Notice of Race and Sailing Instructions marked [NP] will not be grounds for a protest by a boat. This changes RRS 60.1(a).
- **15.8.** Penalties for breaches of the ER, Support Team Regulations, class rules, RRS 55 or rules in the Notice of Race and Sailing Instructions marked [DP] or [SP] should the case go to a hearing, are at the discretion of the International Jury. A boat may accept a discretionary penalty for the breaches stated above before a hearing concerning the same incident by completing a form available at the jury office.
- **15.9.** For breaches of NoR/SI marked [SP], the race committee may apply a standard penalty without a hearing. A list of these breaches and the associated standard penalties will be







posted on the official notice board. However, the race committee may protest a boat when they consider the standard penalty to be inappropriate. A boat that has been penalised with a standard penalty can neither be protested for the same incident by another boat nor can another boat request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.

15.10. Protests may be heard under RRS N1.4(b). The time limit for requesting a hearing by a full International Jury is 15 minutes after the parties were informed of the panel's decision.

16. SCORING

- **16.1.** The Low Point System of RRS Appendix A shall apply to all races; RRS A4.1 is changed so that the points in the Medal Race are doubled.
- **16.2.** To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

16.3. Single Series

There will be 10 races in the Single Series. At least 3 races are required to be completed to constitute the regatta series.

16.4. Discards

- (a) When fewer than 3 races have been completed, a boat's series score is the total of her race scores.
- (b) When 3 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

17. [SP] [NP] SAFETY REGULATIONS

- **17.1.** Boats not leaving the harbour for the day's races shall notify the race office as soon as possible.
- **17.2.** A boat that retires from racing shall notify the Race Committee before leaving the racing area, or if that is not possible, shall notify the race office as soon as possible after returning ashore.

18. [SP] [NP] REPLACEMENT OF CREW OR EQUIPMENT

18.1. Substitution of competitors will not be permitted without prior written approval of the Race Committee and shall comply with any restrictions in the Notice of Race.

19. [SP] [NP] EQUIPMENT AND MEASUREMENT INSPECTION

A boat or equipment may be inspected at any time for compliance with the class rules and SIs.

20. OFFICIAL BOATS

Official boats will be marked as follows:

Official Boat	Flag
Race Committee	White flag with a blue "RC"
Jury	White flag with a blue "JURY"
Safety Boat	White flag with a red "Safety"

21. [SP] [NP] TRASH DISPOSAL

In addition to RRS 55, trash may be placed aboard support and official boats.

22. [SP] [NP] BERTHING

When berthed, boats shall be kept in their assigned place in the boat park.







23. [SP] [NP] RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the Race Committee. This restriction also applies to mobile telephones.

24. PRIZES

Prizes will be awarded as stated in Notice of Race.

25. DISCLAIMER OF LIABILITY AND RISK STATEMENT

- **25.1.** Competitors and support team members participate in the Championship entirely at their own risk and they are reminded of the provisions of RRS 4, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- **25.1.1** They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- **25.1.2** They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore:
- **25.1.3** They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions:
- **25.1.4** By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
- **25.1.5** The provision of a race management team, safety boats, judges and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- **25.1.6** The provision of safety boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- **25.1.7** They will familiarise themselves with any venue/event specific risks, adhere to rules and information produced for the venue/event and they will attend any venue/event safety briefings.
- **25.2** The Organising Authority and all parties involved in the regatta organisation will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. RIGHTS TO USE NAME AND LIKENESS

By participating in the regatta competitors automatically grant to the International 470 Class Association, the Organising Authority and their sponsors, the right in perpetuity to make, use and show, from time to time at their discretion, any motion pictures and live, taped or filmed television and other reproductions of the athlete during the Championship, and of all his or her material related to the Championships, without compensation.

27. INSURANCE

Each participating boat shall have valid third party liability insurance with a minimum cover 500.000 EUR per event or equivalent. A certificate of such insurance shall be shown during registration.

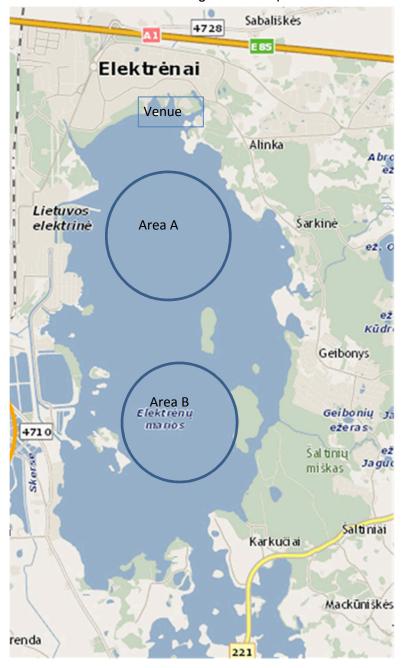






ATTACHMENT A - RACING AREAS

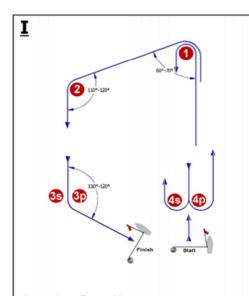
The available racing areas are presented below.

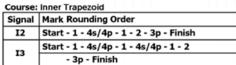






ATTACHMENT B - THE COURSES





Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p -1 - 2 - 3p - Finish

Course:	Outer Trapezoid
Signal	Mark Rounding Order
02	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish
03	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2
	- 3p - Finish
	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p
04	- 2 - 3p - Finish

